



Cupid's Delight

Hanging Heart

Materials/Equipment Needed

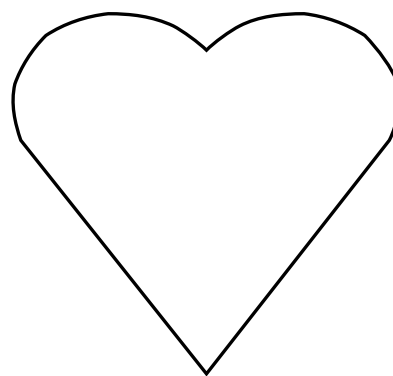
- Small scrap of fabric (enough to cut a 7" square)
- Small scrap of felt
- 1m ribbon
- 1 button
- Perle cotton No. 8 in matching colour
- Filling

Please read through all the instructions before you begin.

Cutting

1. From your fabric scrap cut a 7" square.
2. Using template A. cut 1 heart shape from the felt.

Template A.



Sewing

1. Fold your fabric square in half diagonally, right sides together.
See diagram 1.
2. Using a 1/4" seam allowance, sew down the edges of the triangle you have just folded leaving 3/4" opening at the folded edge (both sides) and a 1 1/2" opening in the centre of one side. See diagram 2.
3. Once this is done turn the fabric out so that the seams are now inside the heart. When you do this you will find the seam allowance on the openings that you've made want to fold in. Let them do so.

4. Now sew a seam $\frac{3}{4}$ " from the folded edge to make a casing for your ribbon. See diagram 3.
5. Stuff the heart with the filling.

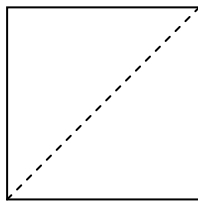


Diagram 1.

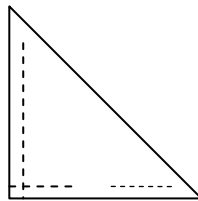


Diagram 2.

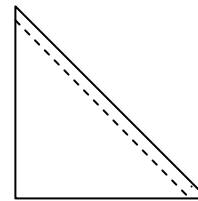


Diagram 3.

Finishing Touches

1. Cut your ribbon in half. Thread the first piece through the casing. Leave one end longer than the other, pull it up and tie a double knot (this should gather your triangle up to form a heart shape – it needs to be pulled tightly).
2. Cut the short end of the ribbon almost to the knot. Double the long end over to form the hanger and stitch it to the knot you have made covering the raw edges as you stitch. Before you stitch you may need to trim the ribbon so the hanger is a suitable length.
3. Use the second piece of ribbon to and tie a bow or a double bow. Stitch this over the knot to the front of the heart.
4. Centre the felt heart on the front of the fabric heart. Pin.
5. Using the Perle cotton stitch around the edge of the felt using a running stitch (use the filling opening to reach the inside of the heart when you stitch).
6. Centre your button on the felt heart and stitch in place.
7. Finally use a ladder stitch to close the opening.

Congratulations you've finished your heart!